

**SEWARD COUNTY COMMUNITY COLLEGE  
COURSE SYLLABUS**

**I. TITLE OF COURSE:** BH1201- Outdoor Leadership

**II. COURSE DESCRIPTION:** One credit hours  
One credit hours of lecture and Three credit hours of lab per week.

The purpose of this class is to offer students the opportunity to participate in a series of activities involving mental and physical challenge, and emotional risk-taking, in an open, caring and safe environment to foster leadership skills.

For each unit of credit, a minimum of three hours per week with one of the hours for class and two hours for studying/preparation outside of class is expected.

Pre-requisite: Instructor Approval required.

**III. PROGRAM AND/OR DEPARTMENT MISSION STATEMENT:**

Division Statement: The mission of the Humanities and Social Sciences is to foster an appreciation of the role that the humanities and social sciences has played in the evolution of civilized society and to explore the ways that an understanding of theory and practice in philosophy, the social and behavioral sciences, the fine arts, and written and oral expression will enable students to participate thoughtfully in a global society.

Department Statement: The mission of Behavioral Sciences is to provide opportunities to improve and enhance each student's understanding and comprehension of the forces that have shaped and influenced the human condition.

**IV. TEXTBOOK AND MATERIALS:**

Maxwell, John C. The 5 Levels of Leadership, 1st edition., New York: Center Street, 2011.

**V. SCCC OUTCOMES**

Students who successfully complete this course will demonstrate the ability to do the following SCCC Outcomes.

I: Read with comprehension, be critical of what they read, and apply knowledge gained to real life

II: Communicate ideas clearly and proficiently in writing, appropriately adjusting content and arrangement for varying audiences, purposes, and situations.

III: Communicate their ideas clearly and proficiently in speaking, appropriately adjusting content and arrangement for varying audiences, purposes, and situations.

V: Demonstrate the ability to think critically by gathering facts, generating insights, analyzing data, and evaluating information

VII: Demonstrate knowledge and comprehension of the diverse cultures, creeds, and lifestyles of America and the world community.

VIII: Show the ability to contribute to political, civic, and community responsibilities as an informed member of society

IX: Exhibit workplace skills that include respect for others, teamwork competence, attendance/punctuality, decision making, conflict resolution, truthfulness/honesty, positive attitude, judgment, and responsibility

## **VI. COURSE OUTCOMES:**

1. Deeper understanding of and appreciation for self, to including an increased sense of personal confidence.
2. Solving problems together in a cooperative, supportive atmosphere.
3. Increased familiarity and identification with the natural world.
4. Reflection on life and current habits.

## **VII. COURSE OUTLINE:**

1. Journal Assignments
2. Teamwork/Team Building
3. Self Actualization
4. Group Interaction
5. Challenge Course Safety
6. Tying Knots
7. Belaying
8. Challenge Course Low Elements
9. Challenge Course High Elements
10. Community Service
11. Goal Setting
12. Taking Risks

## **VIII. INSTRUCTIONAL METHODS:**

1. Lecture
2. Demonstration
3. Discussion
4. Practice

## **IX. INSTRUCTIONAL AND RESOURCE MATERIALS:**

1. Challenge/Ropes Course
2. Liberal Community

## **X. METHODS OF ASSESSMENT:**

Outcome 1:

1. Outcome 1 will be assessed and measured by skills testing and journal assignments.

Outcome 2:

1. Outcome 2 will be assessed and measured by journal assignments.

Outcome 3:

1. Outcome 3 will be assessed and measured by group interaction.

Outcome 5:

1. Outcome 5 will be assessed and measured by group interaction and decisions made during Challenge Course activities and community service projects.

Outcome 7:

1. Outcome 7 will be assessed and measured by interaction within a diverse group.

Outcome 8:

1. Outcome 8 will be assessed and measured by community service projects.

Outcome 9:

1. Outcome 9 will be assessed and measured by group interaction and personal interaction in the Challenge Course setting and community service project.

**XI. ADA STATEMENT:**

Under the Americans with Disabilities Act, Seward County Community College will make reasonable accommodations for students with documented disabilities. If you need support or assistance because of a disability, you may be eligible for academic accommodations. Students should identify themselves to the Dean of Students at 620-417-1106 or going to the Student Success Center in the Hobbie Academic building, room 149 A.

Syllabus Reviewed: 10/30/2018 16:30:08